



Technology and Wellness to Improve Quality of LIFE

Get Your Assisted and Independent Living Communities Onboard Today!

VSTBalance

Artificial Intelligence (AI) that identifies and predicts fall risk by analyzing deficits in balance, gait and function - the three main indicators of fall risk

MyndVR

Virtual Reality (VR) in Therapy - Introduces innovative activities that foster Physical, Cognitive and Mental Wellness

Spiro100

Fitness & Wellness classes via streaming, all led by recognized Senior Wellness experts

LifeMoves Wellness Program

Our person-centered, comprehensive Wellness Program includes dedicated therapy staff working within your community and a full range of activities such as: Yoga, Tai Chi, Strength, Cardio, Personal Training, Brain Fitness, Aquatics, and so much more!



by Select Rehabilitation

For more information contact Cody Miles, Director of Business Development
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